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# Strengths Assessment Exercise
# Team Problem Solving

This team problem-solving exercise, with strengths focus, will help individuals intentionally apply their strengths to everyday problems and identify deliberate steps to accomplish them.

Prior to the team meeting, identify three problems the team wants to solve, emphasizing on utilizing their strengths. Once the problems are identified, share them with the team along with the top strengths for each team member.

To prepare for the team exercise, write each strength out on a separate piece of paper. If multiple individuals share the same strength, list all of their names on the same piece of paper.

**PROBLEM #1** ————————————————————————————————————————

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**PROBLEM #2** ————————————————————————————————————————

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**PROBLEM #3** ————————————————————————————————————————

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## GROUP EXERCISE STEPS ————————————————————————————

**FOR EACH PROBLEM, WORK THROUGH THESE STEPS**

Begin working through problem by identifying possible solutions.

Once potential solutions are identified, review the strengths lists on the sheets. Then determine how each strength can be accomplished, accelerate progress, and proactively identify potential future situations connected to the problem.

Next you'll want to develop the final draft of the problem solution by creating an outline. Write clear, actionable steps, that have clear strengths of teams members identified and how they will be applied to support accomplishing the solution, accelerate progress, and proactively identify potential future situations connected to the problem.

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## PROBLEM SOLUTIONS

Now that we have worked through our final draft, it's time to develop the final problem solutions. Write clear, actionable steps with the strengths of teams members identified and explain how they will be applied to support accomplishing the solution, accelerate progress, and proactively identify potential future situations connected to the problem.

**PROBLEM #1**

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**PROBLEM #2**

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**PROBLEM #3**

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